## Old St. Patrick 5671 Whitmore Lake Road, Ann Arbor, MI 48105 (734)-662-8141 **Religious Education**

Old St. Patrick has children complete interviews with Fr. Tom or another parish catechist in order to ensure the readiness of each child to receive the sacraments. First Communion Interviews usually happen in late winter each year. Please sign up for an interview by contacting Debbie Welch at 734-662-8141 at the parish office.

## For the interview, your child will need to know the following:

- What is it they will be receiving at Holy Communion? (i.e., How is what we receive at Communion different from ordinary bread and wine?) What we receive at Holy Communion is not bread and wine, but the Body and Blood of Jesus Christ.
- John 6 / the Eucharist is not a symbol
- What does Holy Communion give us/do for us? Holy Communion gives us grace to make us holy and overcome sin.
- When did Jesus institute the sacrament of the Eucharist? At the Last Supper.
- When does the bread and wine change into the Body and Blood of Jesus? During the Mass at the consecration, when the priest says, "This is My Body... this is My Blood."
- Why do they want to receive Holy Communion? (answer in their own words)
- The three conditions for receiving Holy Communion:
  - 1. to believe that what you receive is the Body and Blood of Jesus
  - 2. to be free from mortal sin
  - 3. to have fasted from all food and drink except water one hour before receiving

In addition to this, they will still need to know their prayers (Our Father, Hail Mary, Ten Commandments, Glory Be, three conditions for mortal sin, and the Act of Contrition).